

Take 5 and read through some articles we think could give you an interesting perspective.



3 types of skin cancer that should be on everyone's radar

Skin cancer is the most common cancer in the US, but it's highly treatable when caught early. Knowing your skin and recognizing warning signs is crucial. This [article](#) covers the basics of skin cancer, including types, symptoms, and treatment options. Learn how to protect yourself and detect skin cancer early.



Plan to win

Many seasoned business owners are looking to transform their companies, not just sell them. This [article](#) explores the challenges and opportunities of business transformations, emphasizing the importance of involving all stakeholders in the process. Learn how to create a comprehensive plan and build a strong foundation for success.



The simple Japanese method for a tidier and less wasteful fridge

Tired of a cluttered fridge and food waste? This article shares simple fridge organization techniques and insights from a Japanese study. [Learn](#) how to reduce food waste and save

money by maximizing your fridge's potential.



Collaborative leadership from A to Z

Collaboration is key to modern leadership. This [article](#) outlines strategies to foster a collaborative work environment. From showing appreciation and valuing diversity to building trust and eliminating barriers, discover how to inspire and empower your team.

Quote I'm pondering

"The only limit to our realization of tomorrow will be our doubts of today."
— Franklin D. Roosevelt

Thanks for TAKING 5!

Scott

Whenever you're ready... here are 3 ways I can help:

Option 1.

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

Option 2.

Let's "meet": If you would like to book a free, no-obligation information session, please email me at scottplaskett@ironshield.ca and we can coordinate a time that fits into your schedule.

Option 3.

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at scottplaskett@ironshield.ca and I'll forward you the details.

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