



IRONSHIELD[®]
FINANCIAL PLANNING

TAKE 5 WEDNESDAY

Hi

Here is your weekly dose of "TAKE 5 Wednesday", a list of what I'm enjoying, pondering and working on.



Hiking guides If you live in, or are planning to visit, the Greater Toronto Area or the Golden Horseshoe, the [Loops & Lattes Hiking Guides](#) will provide you with lots of options for getting back to nature. Author Nicola Ross is an award-winning writer, editor and author of eight books. She also has a newsletter that educates and delights readers. You can subscribe through her [website](#).



Great news for a change

Here's a feel-good app we found out about through Nicola's recent newsletter. The [Goodable](#) news platform curates news that makes you calmer and healthier. Their technology generates a unique Happiness Score for each story, letting you know how positive it is. Let Goodable remind you to smile, to laugh, to breathe, to talk and to share good news with those around you



100 creative ways to save money on a tight budget

When you don't have much disposable income, saving money, getting out of debt and achieving financial freedom can depend on the little things you do from day to day. [This guide](#) provides 100 easy ways to save money and boost your net worth. Being frugal does not mean you need to deny yourself all of life's pleasures. You just need to become smarter with your money.



How to fix bad credit in Canada

If building a good credit score seems unattainable, click [here](#) to learn how to make it possible. Knowing how to improve your credit score is an important skill that will help you achieve your financial goals. It's a good habit to check your credit report for errors and maintain at least your minimum monthly payments. Consult with a certified credit counsellor to help you rebuild your credit.

Quote I'm pondering

"Life consists in what a man is thinking of all day."

— Ralph Waldo Emerson

Thanks for TAKING 5!

Scott

Whenever you're ready... here are 3 ways I can help:

Option 1.

Let's have a chat: Just [CLICK HERE](#) to see my calendar through our online scheduler. Then, select a time that works for you. The scheduler will book our time and send you the call-in details.

Option 2.

Let's "meet": If you would like to book a free, no-obligation information session, please email me at scottplaskett@ironshield.ca and we can coordinate a time that fits into your schedule.

Option 3.

Attend my next free webinar: Every Friday I get together online with a handful of other local business owners and share with them the most current research and insights into proper financial planning - specifically for business owners. If you'd like to participate or just listen in on the next session, please email me at scottplaskett@ironshield.ca and I'll forward you the details.

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